

All courses are one day (7 hours) in duration and are suitable for **LGV & PCV licence holders**. All candidates **MUST** understand and comprehend the English language and participate in the course, in order for the Driver CPC hours to be registered.

VULNERABLE ROAD USERS

In 2012 there were 14 cyclist fatalities in London, with 5 involving LGVs, highlighting the urgent need to reduce the dangers posed by LGVs to cyclists. The Vulnerable Road Users (VRU) course is based on the Transport for London (TfL) programme and has been designed to enable transport operators to take measures to improve the safety in all road traffic environments. Candidates will gain an understanding of the changing streetscape and the urban environment, vulnerable road users and sharing the road safely, plus defensive driving techniques and actions in the event of an emergency incident.

DRIVERS HOURS AND TACHOGRAPHS

This two-part course provides candidates with the knowledge of working time to ensure they are aware of working periods specific to the transport industry. Ensuring drivers know the rules regarding rest breaks and working hours helps to develop a culture of safety and compliance, leading to a reduction in tachograph offences/infringements and corresponding costs. At the same time the course provides candidates with knowledge of regulations (EEC) 561/2006 and 3821/85. Responsibility lies with both the driver and the employer to remain compliant. Ensuring drivers understand the rules regarding rest breaks and working hours helps to develop a culture of safety and compliance, leading to a reduction in compliance offences/infringements and unnecessary costs.

SAFE LOADING & MANUAL HANDLING

This course covers drivers legal responsibility and possible penalties, principles of load safety, load security equipment, dangers of high vehicles / low bridges, pre-load checks, securing loads, including curtain-sided trailers, vehicle stability, vehicle roll over and avoidance and the correct procedure for loading a vehicle. Most back injuries are caused by heavy or awkward lifting and are a major cause of low performance within a job role. This element of the course aims to create awareness of how to lift in a correct and safe manner, without causing damage to self or others.

DELIVERING OUTSTANDING CUSTOMER SERVICE

Suitable for all drivers with a customer facing role, this course enables drivers to understand how they can help to protect and enhance their company image, improve their standards of service and understand how to deal appropriately with both internal and external customers. Aimed at ensuring that drivers conduct themselves in accordance with their company brand and values; improving relationships between their company and their customer.

SAFE AND FUEL EFFICIENT DRIVING

The widely acclaimed SAFED programme and is recognised as a valuable tool for reducing fuel (by up to 10%), insurance and vehicle costs, whilst having a positive impact on environmental damage by reducing CO² emissions and pollutions. An effective means of improving operational efficiency. This classroom-based course aims to give the candidate the necessary skills, knowledge and techniques in becoming a Safe and Fuel Efficient Driver.

We have extended our 5 for 4 offer - do all 5 days with LTS and get your **5th day totally free!**

Each 7hr day is £76 incl VAT and upload fee – 5 full days £304 inclusive

With your **FREE 5th day** this equates to £60.80 incl VAT and upload fee per day!

For specific 'bespoke' courses to meet individual company needs, please call for costs and details.

Course prices may vary to match any changes to VAT, registration fees, fuel costs or any other price increases which affect our operating costs. (prices correct as of 01/06/2016)

For more information call
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